



THAT INTERESTS ME

Inclinations Hobbies Vocation

I CAN DO THAT

Skills
Competencies
Experience

THIS IS ME

Personality
Characteristics
Character

THAT'S IMPORTANT TO ME

Needs Values Wishes



ingeus GmbH - Fürth

Blumenstraße 3 • 90762 Fürth
Tel. 0911 - 951534 - 30 • Fax. 0911 - 21667 - 101
fuerth@ingeus.de

We speak:
English, German and Turkish.

ingeus GmbH - Nürnberg

Bahnhofstraße 11/11a • 90402 Nürnberg
Tel. 0911 - 21667 - 0 • Fax. 0911 - 21667 - 101
nuernberg@ingeus.de • www.ingeus.de

We speak:
Arabic, Czech, English, German, French,
Italian, Kurdish, Persian, Russian, Sorani,
Spanish and Turkish.

ingeus GmbH - Roth

Auf der Kupferplatte 1 • 91154 Roth
Tel. 09171 - 907497 - 0 • Fax. 0911 - 21667 - 101
roth@ingeus.de • www.ingeus.de

We speak:
English, German and Russian.



**Individual Career Coaching
for Academics, Executives
and Professionals**

Funding possible via AVGS MAT according to § 45 SGB III
supported by your local job center under the German Federal
Employment Agency (Bundesagentur für Arbeit - BA).



WHAT IS INBECO ALL ABOUT?



YOU NEED NEW PROFESSIONAL CAREER ORIENTATION?

- Do you want to start your career or are you asking yourself how your job situation will continue?
- You wish to return to your profession after a career break?
- You are at a professional turning point and need a new fresh perspective?

With "InBeCo - Individual Career Coaching for Academics, Professionals and Executives", we provide you with 1:1 - individual, customized, and tailor-made coaching.

Our job coaches are happy to assist you and help you succeed in your job application process.

WHAT WE CAN OFFER YOU



VARIOUS THEMES ADDRESSED THROUGH INDIVIDUAL COACHING

- Take inventory of current situation and possible development paths
- Recognize values and ambitions
- Create a competency matrix and qualification profile
- Orientation analysis and new goal setting
- Define relevant occupational fields and requirements
- Understand career breaks/changes offer new opportunities
- Competence and qualification profiling
- Employment references - check and correct options
- Personal resources, sources of motivation, and make decisions
- Detect and resolve obstructive blockages
- Develop target-oriented job application documents
- Self-marketing strategies and develop marketing opportunities
- Media and search strategies in future markets
- Interview and assessment center preparation
- Plan future career and continuing education paths

THE SEQUENCE



PROGRAM DURATION *max. 12 Weeks*

- Individual coaching 27 lessons of 45 minutes

STRUCTURED COACHING PROCESS

- Welcome and Orientation
- Analysis of Current Situation
- Personality and Identity Profile
- Strengths & Potentials
- Application Documents (cover letter, resume, CV)
- Strategic Career Path Planning
- Target Priorities & Goals
- Communication Concepts
- Self-Marketing Strategies
- Successful Job Search Strategies
- Interview and Assessment

